



# SANCTUARY POINT PS

*'Together We Succeed'*

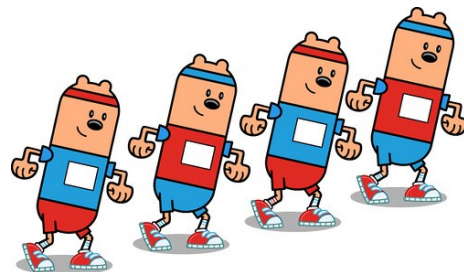
23rd August—Term 3 Week 8 2018

WALAWAANI NJINDIWAAN (Welcome everyone)

24hr School Security Number - 1300 88 00 21

## Sports Groups

GEEBUNG	BABADHAL	1901
APPLEBERRY	WANDAAMA	1703
WATTLE	BIDHUDHU	1683
LILLY PILLY	GALANGARA	1696



# RU OK? DAY™

A conversation could change a life.

Tomorrow is  
the beginning  
of anything  
you want

# Office News

## **Dates to Remember for September**

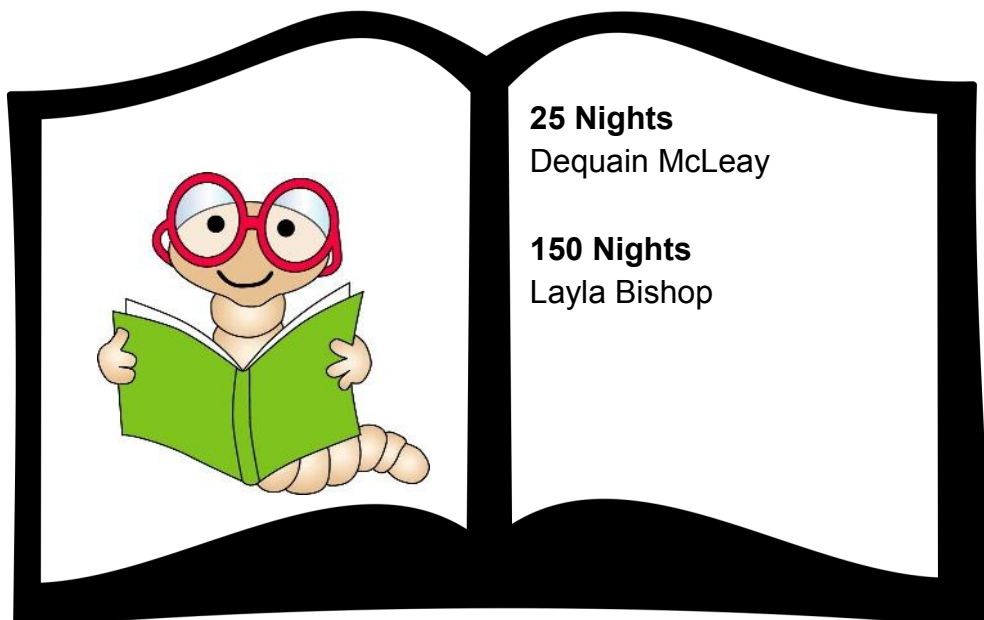
13th	Stage 2 Performance, R U OK Day
17th	Questacon
19th	Stage 3 Performance
20th	Questacon
21st	Questacon, Public Speaking Assembly
26th	Disco
27th	Cake Stall
28th	K-2 and 3-6 Talent Quest, Last Day of Term

## **It is that time of year again!**

Leisure Sports choices for Term 4 will be taking place this Friday during the middle session. Can parents of students in Stages 2 and 3 please ensure your child is present to avoid disappointment of missing out on their desired choice of sport.

Also starting next term all year 3 need to select a sport that stays at school due to swim school.

## **Home Reading Achievements**



# PRINCIPAL REPORT

## What I loved about this week

As relieving Principal for the week I have really enjoyed watching Stage 2 prepare for their showcase. Since our first ever talent quest a few years ago I have been amazed at the extra-curricular talent that some of the kids at this school have. I look forward to future Showcases and thanks to all of the hard work the teachers and students have been putting in.

## Online Bullying

Our school works really hard to stop bullying within the school but we have heard of an increase in Online Bullying through online gaming, social media and messaging apps. This is a very hard thing for teachers to monitor as it often happens outside of school hours. It is against the law for students who are under 13 years old to have a Facebook or Instagram account and despite these clearly stated and published age restrictions, a large and growing number of children 12 and under are using social media networks, often with their parent's knowledge and consent. There are researched reasons behind social media age restrictions and it mostly suggests that it takes children about 12 years to fully develop the cognitive structures that enable them to engage in ethical thinking and the ability to respond appropriately. Thank you for your support.

## From little things, big things grow.

Due to the nature of children and their ability to manage difficult social situations, unfortunately little disagreements can often turn sour and hurt the feelings of anyone involved. I truly think that building resilience in children is the key to improving these situations and we work hard at giving our kids skills and strategies to build their resilience during our Bounce Back lessons. Here is a great quote that helps put these small issues into context:

*"Ships don't sink because of the water around them; ships sink because of the water that gets in them. Don't let what's happening around you get inside you and weigh you down."*

## The most exciting and versatile playground in the state!!!!

A BMX track, large playing fields, fitness equipment, basketball and handball courts and even a skatepark next door just to name a few of the playground options for our students. As a lover of extreme sports I would've loved these options growing up in primary school. These are playtime opportunities that are so unique to Sanctuary Point Public School students but I have noticed a slow decline in kids accessing the skatepark and BMX track. Our staff work hard and take on these duties to give our students such unique options during break times. I look forward to seeing more and more kids showing off their skills on their BMX and scooters and would absolutely love to see students bringing in skateboards to learn some new skills.



**Words of the Week:** "Put the possible into impossible"

Michael Chapple (Relieving Principal)

## **Blast Off Rocket Chart Awards**

Birdhuulay	Lauchlan Hunt, Tam Grant-Kavanagh.
Bilima	Edward Saraswati.
Djanagubadj	Drew Ford, Ayden Rossiter, Bruce Lusty, Jayden Peirce.
Banggaada	Amarli Turner, Beau Denham, Blake Hayson, Chance Burke, Declan McCarthy, Dequain McLeay, Halli Glennan, Kade Hilton, Lattehya Bligh, Layla Bishop, Lenny McCarthy, Mason Williams, Mitchell Hopwood-Smith, Tahlia Dean.
Buru	Brodie Petrunic, Jaziah Pender, Layla Mulquiney, William Chapman, Olivia Scheib.
Gurgadj Burnaaga	Jaylee Ardler, Jasper Drake-Quigg, Maliyah Ryan, Jaxon Parsons. Vronesky Cediell, Lilly Thompson, Ayman Assaf, Charlie Zalewski, Ellie Kershaw, Khye Wilson, Tyler Davis, Sharnie Hampton, Nia Grant, Kayla Ayre. Jonelle Burrell, Gracie Walker, Wyatt Klohs, Miah Waters, Rockie Corcoran, Shelby Lacey, Sophie Adams, Tahlia Bond, Tianna Webster.
Djungga Gwiyala	Peyton Ryan, Taylor Fisher, Mia Steffe, Grace Elliott, Paige Higgins. Robert Townsend, Charlee Olesen, Kaleb Langenegger, Alicia Butler, Annabelle Duff, Allira Murray, Lili-Cait Williamson-Kassouh, Tess Luland, Charlotte Ellis, Liam Oyston, Bryce Ewings, Lani Kovalik, Preston Stewart, Hunter Johnson, Tyesha Harris, Tyler Rawlings, Brodie Richards, Brianna Vale, Jyara Newman, Brooke Thomas.
Gurimbaga	Chelsea Murray, Jade Hafoka, Marlin McLaren, Michael Dargin, Jonno Parkes.



# **SCHOOL DISCO**

**WEDNESDAY 26TH SEPTEMBER**

**K-2 4PM TO 5PM**

**3-6 5PM TO 6PM**

**\$2 ENTRY LOLLIES, DRINKS, CHIPS AND  
GLOW PRODUCTS FOR SALE ON THE NIGHT  
COME ALONG AND HAVE SO FUN WITH YOUR  
FRIENDS**





NSW

bike week

Proudly supported by NSW Government

**22-30 September 2018**

# Events around Shoalhaven

*Shoalhaven*  
City Council

## Dolphin Point

**Saturday 22 September 2018**

Easy paced mountain bike ride through the National Park. Enjoy a Fundraising BBQ lunch by Milton Ulladulla Apex Club on return (gold coin donation).

Meet at 2.00pm at Lions Club Park, Dolphin Point. Mountain bikes are advisable. Suitable for beginners. Free Face Painting (KELMC Artworks Face & Body Art).

## Huskisson to Vincentia

**Saturday 29 September 2018**

The ride is 12km from White Sands Park Huskisson to Plantation Point and return at an easy pace using shared pathways. Enjoy a Fundraising BBQ lunch on return (gold coin donation).

Meet at 9.00am White Sands Park next to Huskisson Pub, Huskisson.

Free Face Painting (KELMC Artworks Face & Body Art).

All registered participants receive a free Bike Safety Sample Bag.

shoalhaven.nsw.gov.au    For more information visit [transportnsw.info/bikeweek](http://transportnsw.info/bikeweek)

# The STAGE 3 CAKE STALL

Thursday 27th September @ Lunch  
cakes from 50c to \$2

**Stage 2 Showcase**  
**13th of September**  
**in the school hall**  
**@5:30pm**



**\$2 entry fee per adult**

# Bouncing Back



**A Stage 3 Concert Extravaganza**

**Wednesday 19th September 2018**

**5pm**

**\$2 entry fee for adults**



# Nude Food Day: every Thursday

## Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?



### Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunch ox or back-pack



### Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

## Please get behind this fundraising event

We are looking for local businesses and individuals to support the event by buying a bale for the cost of \$25, being purchased locally and distributed to local farmers or provide a prize to go into our mega raffle.

If you are able to help out contact Keith or Kerry at Bendigo Bank Sanctuary Point on 4443 9825.

**DROUGHT RELIEF  
FAMILY DAY**

Presented by

 **Bendigo Bank**  
Sanctuary Point & Districts Community Bank

**SATURDAY 6TH OCTOBER 10AM - 2PM  
AT THE COUNTRY CLUB ST GEORGES BASIN**

**BRING THE FAMILY FOR A  
DAY OUT FOR A GREAT CAUSE**

*Jumping Castle ★ Sausages Sizzle ★ Live Entertainment  
Raffles ★ and More!*

# Attendance Matters

At Sanctuary Point Public School

## Celebrate Attendance

Hints and Tips No. 4: Good Attendance

Give your child their BEST chance in life— get them to school EVERY day.



There are a number of sound reasons for you to ensure that your child attends school regularly.

Education is the most powerful weapon which you can use to change the world.

- Nelson Mandela

In one school year  
a child spends:  
7800 hours at home  
&  
900 hours at school  
which teacher should be  
the most accountable?

- Jim Trelease -  
author of The Read-Aloud Handbook

Firstly, attending school every day makes learning easier. For younger students, missing the basic skills often leads to learning problems later on and for older student's absenteeism often interferes with academic progress. Friendships with other students are also easier if your child attends school regularly.

The law in NSW states that all children between the ages of 6 and 15 years are required to attend school. Sickness or injury, attendance at a special religious ceremony or a serious family situation are satisfactory reasons for non-attendance. Please let the school know why your child is not at school and provide an explanation on your child's return to school.

Birthdays, haircuts, pension days, Mondays etc are not satisfactory reasons for absence from school. Also try whenever possible to arrange your holidays in school vacation times.

Please contact your school principal if you need any help or have any questions.



Missing school leaves gaps in your education

# Merry Christmas!

SPPS P&E  
Christmas photo  
Fundraiser

Date: 10th-14th September  
Time: 3.20pm - 5pm  
Location: Welcome Space  
building.  
Limited spots available.

Professional photo taken  
by Rohanna Holland,  
Picture Perfect South  
Coast.

Pack 1: 1x 6"x8"  
5x 6"x4"  
= \$20

Pack 2: 2x 6"x8"  
10x 6"x4"  
= \$25

Please note: each pack is  
duplicates of the same photo

**Change of date photos will be on the week of the 22nd-26th of October**





*"A complete approach to wellness."*

## Fitness

Private Personal Training Studio

## Nutrition Clinic

Consultations & Workshops

## Wholefoods Store

Organic – Bulk - Local

Store & Clinic : Shop 2

Fitness Studio : Shop 22

The Pavilion, Green St, Ulladulla

[info@empowerwellbeing.com.au](mailto:info@empowerwellbeing.com.au)

Ph. 4454 5602

## UNIFORM SHOP

The uniform shop will be opening an additional day for the next two weeks if you would like a fresh shirt for school photos.

**Monday 9am - 10am**

**Thursday 1.45pm - 2.45pm**

**50% off**

**Long sleeve polos and  
cotton button up shirts**

# Go4Fun

1800 780 900  
[go4fun.com.au](http://go4fun.com.au)



A program for  
fitter, happier,  
healthier kids



Health  
Illawarra Shoalhaven  
Local Health District

Join in the fun  
next term

### What is Go4Fun?

Go4Fun is a free program for 7-13 year olds who are above a healthy weight, and their families.



Play fun games and activities



Make healthier choices for your family



Make new friends

Places are limited. Register now!

### Where is it held?

Join us for a fun program next term:

**Term 4 2018**

**Bay & Basin Community  
Resource Centre**

**Wednesdays 4-6pm**

**Starting 17th October 2018**

**Not at a location near you?**

Please call and put your name on the wait list. We will get in touch when the program is being run in your suburb.

## **Shoalhaven Equine Assisted Learning**

# **Step Up**

### **Transition to High School Program**

**A group program for Year 6 Students to develop skills for resilience and facing the challenge of starting high school!**

**Learn from the Herd:** Coping with change  
Facing fears and challenges  
Communication and  
relationship skills  
Feeling good about being  
yourself



**Starts:** October 18th

**For:** 6x Thursdays– 4:00-5:30pm

**Cost:** \$140

**At:** Shoalhaven Equine Assisted Learning  
316B Pine Forest Rd Tomerong

**Ph:** Renee 0435 92 88 91 for bookings

**No horse experience is necessary and no riding is done in any session**

Renee O'Connor is an accredited practitioner with The Equine Psychotherapy Institute of Australia with extensive experience within the Community Services Sector working with families, adolescents and children