



SANCTUARY POINT PS

'Together We Succeed'

29th August—Term 3 Week 6 2018

WALAWAANI NJINDIWAAN (Welcome everyone)

24hr School Security Number - 1300 88 00 21

**** SCHOOL PHOTOS 4TH SEPTEMBER ****

Money to be handed in on the day to the photographer or online

Family Photographs - Pay online cut off is the night before 3rd September

Parents have 5 days AFTER school photo day to purchase ONLINE

Cash payments on the day only. No cash will be picked up later

NO PHONE CREDIT CARD PAYMENTS TAKEN AT ALL due to security reasons.



Online NAPLAN Trial

During Wednesday/Thursday of Week 7 (5th & 6th of September), Years 3 & 5 will be conducting a trial run of NAPLAN Online.

This is an official trial, however the results of this test will not be recorded. The aim of the trial is to test whether the system will work in schools as plans to implement NAPLAN Online in 2019 continue.

If your child is in Year 5 they will conduct two tests; a Writing test and an Omnibus test which is a combination of Reading, Language Conventions and Numeracy.

Year 3 will just sit the Omnibus test. We are encouraging all students to participate in the test as this will give us a sound indication of how well the test will work.

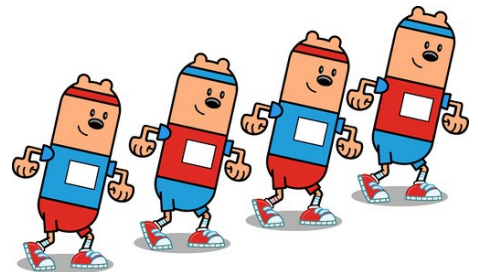
Office News

Dates to Remember for August

30th	Bug Busters
31st	Senior AFL
4th	September School Photos
5th	September P&C Meeting, NAPLAN Online

Sports Groups

GEEBUNG	BABADHAL	1122
APPLEBERRY	WANDAAMA	1038
WATTLE	BIDHUDHU	862
LILLY PILLY	GALANGARA	1008



Home Reading Achievements

25 Nights

Zac Turner
Jaylee Ardler
Riley Collins

50 Nights

Beau Denham

75 Nights

Halli Glennan

125 Nights

Chance Burke



PRINCIPAL REPORT

WHAT I LOVED ABOUT THIS WEEK

What a great start to the week we had with a visit from Matt Cosgrove, who is an award winning author of children's books. Matt was able to spend time with all the stages and his presentation was inspiring to all who attended. He had all the students enthralled and it might be the start of a budding writing career for some of our students. In preparation for Matt's visit all the classes across the school have been working hard to produce their own books, which have been put into our library for everyone to enjoy. If you get a chance to visit the library please take the time to check out our books, the students have done a wonderful job and are very proud of what they have produced.

KINDERGARTEN ORIENTATION VISITS

We have been lucky enough to have been able to run a number of kindergarten orientation visits for children beginning school next year. These visits have happened over the last few weeks, each on a different day, this weeks' visit has been on Thursday. So if you know any children who are starting school next year and they haven't had a chance to check out our school we still have another visit happening next Friday. Let them know that they can join in next week, for further details they can contact the school.

THE POWER OF WORDS

As I reflect on the week just passed I am concerned about the way our young children speak to each other. It seems that things that are said, and the way they are said, are all too increasingly very hurtful and nasty. Our children don't quite understand the damage that can be done to the mental health of a child when nasty and hurtful things are constantly being bandied about. We are at a point where I don't think that kids are even realising that what they are saying could be hurtful or nasty. This is something that needs to be addressed at a home and school level collectively, we need to work as a united front, having these conversations that let children know what is not appropriate to say to each other, and when they do, having consequences in place to teach them. At a school level, teachers often have these conversations with students and sometimes time out of the playground at lunchtime is an additional consequence. We also try to ensure that the language we use at school is positive and encouraging for all students. We appreciate the support we receive from parents when we contact you to keep you informed. Having good mental health is something we want for all our students.

Kind words do not cost much. Yet they accomplish much.

Belinda Doyle (Principal)

WORDS OF THE WEEK

Sometimes, not saying anything is the best answer. You see, silence can never be misquoted.

Blast Off Awards

Bronze

Dhuril Zachary Steffe.

Buru Tylah Carr, Olivia-Rose Fetch.

Gurgadj Mahalia Stewart, Tiana Holden, Zac Turner, Georgia Gomes.

Maaran Riley Scott, Jayden Lee, Caitlyn Allan, Zoe Ellis, Ellie Thompson.

Dhaawarri Lyric Slaughter, Lydia Goodlett, Kelly Bale, Britney Knight, Jayden Hunt, Jasmine Patterson, Kaiden Zeiher, Kirsten Simister, Lillie-Rose Briggs.

Gurimbaga Bella Reimann, Shanye Bonanno, Emily Vidler, Ciaira Silk, Owen Wilson.

Gugunyal Annuska Van Huisstede, Craig Sutton, Tyrone Knight, Jasmine Grant.



Book Week 2018





NUDE FOOD DAY

INFORMATION FOR PARENTS

What is Nude Food?

Nude Food is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

✓ **To pack a Nude Food Lunch or Snack, you will need:**

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ **Try to avoid:**

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

Tips for Packing Nude Food Lunches:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.



Nude food starting Week 7 Thursday 6th September.

Each child that has a lunch box full of nude food will get 1 point to go towards their school team and they'll be helping to fight the war on waste.

 Nutrition Australia

**NUDE
FOOD
DAY™**



Nude Food Day: every Thursday

Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?



Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunch ox or back-pack



Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Government of Saskatchewan
Z 115768 A

KESAB
environmental solutions

What are the MOE up to?

This year our Ministry of the Environment is continuing to fight the war on waste. Last year we were so impressed by how our school community responded to the nude food challenge that we have decided to do it again starting on Thursday 6th September with "Nude Food Thursdays".

Are you up for the challenge? Each child that has a lunch box full of nude food will get 1 point to go towards their school team for helping to fight the war on waste.

You are invited to a *Bug Busting and Beauty Afternoon*

3.00 - 4.15pm Thursday 30th August 2018

In the Welcome Space

Find out ways to get rid of head lice cheaply, easily and completely while having

FREE Afternoon Tea

Quizzes, Prizes, Give-aways, Hairstyles, FUN!

Don't miss out!- LIMITED numbers – book in on 4443 0546

All students must be accompanied by a parent or carer.

Tear Off and return to Mrs Van at the Office to save your spot.
Yes, I want to come for the fun and afternoon tea!
I will bring an adult with me.
Name: _____
Contact Ph: _____
Class: _____

PaTCH

Parents as Teachers and Classroom Helpers

Single Sessions

#4. How children learn about Number

WEDNESDAY 29th Aug 9:30-11:30



Support
your child's
learning



All welcome!
Fun, info, games,
tea and coffee
@welcome space



FOR ALL DADS, MUMS, CARERS & CLASS HELPERS



Australian
Reading Hour

PYJAMA STORYTIME

Thursday 20th september
4-5pm

Bookings Essential

www.shoalhavenlibraries.com.au/Events

Shoalhaven Libraries
Sanctuary Point Library
Paradise Beach Road
Sanctuary Point
4406 2076



UNIFORM SHOP

The uniform shop will be opening an additional day for the next two weeks if you would like a fresh shirt for school photos.

Monday 9am - 10am

Thursday 1.45pm - 2.45pm

50% off

**Long sleeve polos and
cotton button up shirts**



Sanctuary Point Community Afternoon Tea

Sanctuary Point Community Afternoon Tea

Posted by Rosie Scroggie 195pp on August 20, 2018

Join us at this special campaign event.

WHEN

September 06, 2018 at 2:30pm - 4:30pm

WHERE

Sanctuary Point Public School
41 Idlewild Ave
Sanctuary Point, NSW 2540
Australia

[Google map and directions](#)

CONTACT

John Black - 02 4228 4414



Will you come?

First Name

Last Name

Email

Mobile phone (optional)

☒ Send me email updates

☒ Send me text messages

How many other people are you bringing?

☐ Don't publish my RSVP on the website

[Send RSVP](#)

STAND UP. **SPEAK OUT.**
CREATE CHANGE.

Join over one hundred thousand parents, teachers, principals and community members and add your name here.

First Name

Last Name

Email *

Postcode *

[JOIN US](#)

Shoalhaven Equine Assisted Learning

Step Up

Transition to High School Program

A group program for Year 6 Students to develop skills for resilience and facing the challenge of starting high school!

Learn from the Herd: Coping with change
Facing fears and challenges
Communication and relationship skills
Feeling good about being yourself



Starts: October 18th

For: 6x Thursdays– 4:00-5:30pm

Cost: \$140

At: Shoalhaven Equine Assisted Learning
316B Pine Forest Rd Tomerong

Ph: Renee 0435 92 88 91 for bookings

No horse experience is necessary and no riding is done in any session

Renee O'Connor is an accredited practitioner with The Equine Psychotherapy Institute of Australia with extensive experience within the Community Services Sector working with families, adolescents and children

Attendance Matters

At Sanctuary Point Public School

Celebrate Attendance

Hints and Tips No. 4: Good Attendance

Give your child their BEST chance in life— get them to school EVERY day.



There are a number of sound reasons for you to ensure that your child attends school regularly.

Education is the most powerful weapon which you can use to change the world.

- Nelson Mandela

In one school year
a child spends:
7800 hours at home
&
900 hours at school
which teacher should be
the most accountable?

- Jim Trelease -
author of The Read-Aloud Handbook

Firstly, attending school every day makes learning easier. For younger students, missing the basic skills often leads to learning problems later on and for older student's absenteeism often interferes with academic progress. Friendships with other students are also easier if your child attends school regularly.

The law in NSW states that all children between the ages of 6 and 15 years are required to attend school. Sickness or injury, attendance at a special religious ceremony or a serious family situation are satisfactory reasons for non-attendance. Please let the school know why your child is not at school and provide an explanation on your child's return to school.

Birthdays, haircuts, pension days, Mondays etc are not satisfactory reasons for absence from school. Also try whenever possible to arrange your holidays in school vacation times.

Please contact your school principal if you need any help or have any questions.



Missing school leaves gaps in your education



"A complete approach to wellness."

Fitness

Private Personal Training Studio

Nutrition Clinic
Consultations & Workshops

Wholefoods Store
Organic – Bulk - Local

Store & Clinic : Shop 2
Fitness Studio : Shop 22
The Pavilion, Green St, Ulladulla
info@empowerwellbeing.com.au
Ph. 4454 5602



St Georges Basin Junior Mixed Touch



- Comp runs from 11th September till 4th December 2018
- St Georges Basin Soccer fields
- Boys & Girls mixed teams
- Divisions: 8-10, 11-13 & 14-17yrs
- Registration: Online via basintouch.com.au/juniors/
- Contact: basinjnrtouch@gmail.com
- Find us on Facebook: St Georges Basin Junior Touch Football association



PLAYNRL.COM

Go4Fun

1800 780 900
go4fun.com.au



A program for
fitter, happier,
healthier kids



Health
Illawarra Shoalhaven
Local Health District

**Join in the fun
next term**

What is Go4Fun?

Go4Fun is a free program for 7-13 year olds who are above a healthy weight, and their families.

- Play fun games and activities
- Make healthier choices for your family
- Make new friends

Places are limited. Register now!

Where is it held?

Join us for a fun program next term:

Term 4 2018
Bay & Basin Community
Resource Centre
Wednesdays 4-6pm
Starting 17th October 2018

Not at a location near you?

Please call and put your name on the wait list. We will get in touch when the program is being run in your suburb.

Merry Christmas!

SPPS P&E
Christmas photo
Fundraiser

Date: 10th-14th September
Time: 3.20pm - 5pm
Location: Welcome Space
building.
Limited spots available.

Professional photo taken
by Rohanna Holland,
Picture Perfect South
Coast.

Pack 1: 1x 6"x8"
5x 6"x4"
= \$20

Pack 2: 2x 6"x8"
10x 6"x4"
= \$25

Please note: each pack is
duplicates of the same photo

Change of date photos will be on the week of the 22nd-26th of October

Volunteers!

