



SANCTUARY POINT PS

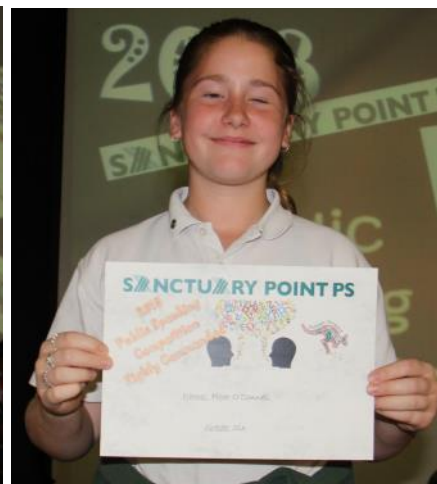
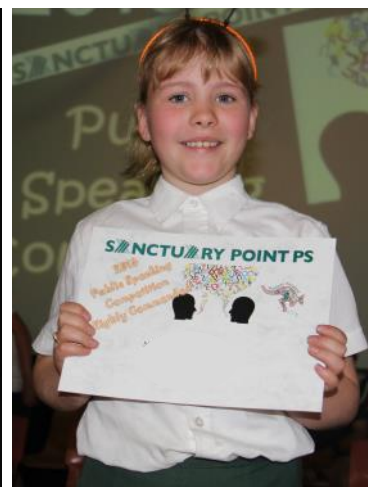
'Together We Succeed'

26th September Term 3 Week 10

WALAWAANI NJINDIWAAN (Welcome everyone)

24hr School Security Number - 1300 88 00 21

Some of the winners of our Public Speaking Competition



2018 Public Speaking Competition

Sanctuary Point Public School held its 2018 Public Speaking Competition this term. Students from Kindergarten through to Year 6 participated in this competition, where they had to select a topic, write a speech and deliver the speech in front of their class. The top two students of each class were then selected to present their speech in front of their grade. The stage teachers then chose the highly commended and winner of each grade to finally deliver their speech in front of the whole school and welcomed community in the school hall on Friday 21st September.

Congratulations to the following students on their excellent speeches:

Highly Commended:

From Kindergarten: Laila Lantouris

From Year One: Blake Hayson

From Year Two: Ellie Thompson

From Year Four: Shauna Short

From Year Five: Oliver Driscoll

From Year Six: Piper O'Connell

Winners:

From Kindergarten: Matilda Berthon

From Year One: Mia Wagner

From Year Two: Zoe Ellis

From Year Three: Caitlyn Allan

From Year Four: Lani Kovalik

From Year Five: Preston Stewart

From Year Six: Lulu Van Huisstede

Office News

Dates to Remember for September

- 26th Disco
27th Cake Stall
28th K-2 and 3-6 Talent Quest, Last Day of Term

School Uniform and Bandanas

At Sanctuary Point Public School we take pride in how we present ourselves, in particular our school uniform. In the past few weeks we have noticed that a lot of students, particularly in Stage 3 are beginning to wear Bandanas. These Bandanas do not represent the school uniform and are not to be worn at school.

We appreciate your support in this matter.

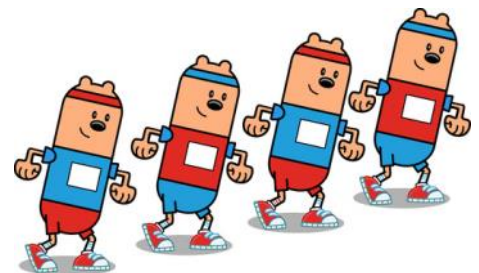
It is that time of year again!

A reminder that Leisure Sports notes and money must be returned by this Friday September 28th, last day of term. If students are yet to choose a sport or haven't received a note then please have them see Mr Butel immediately.

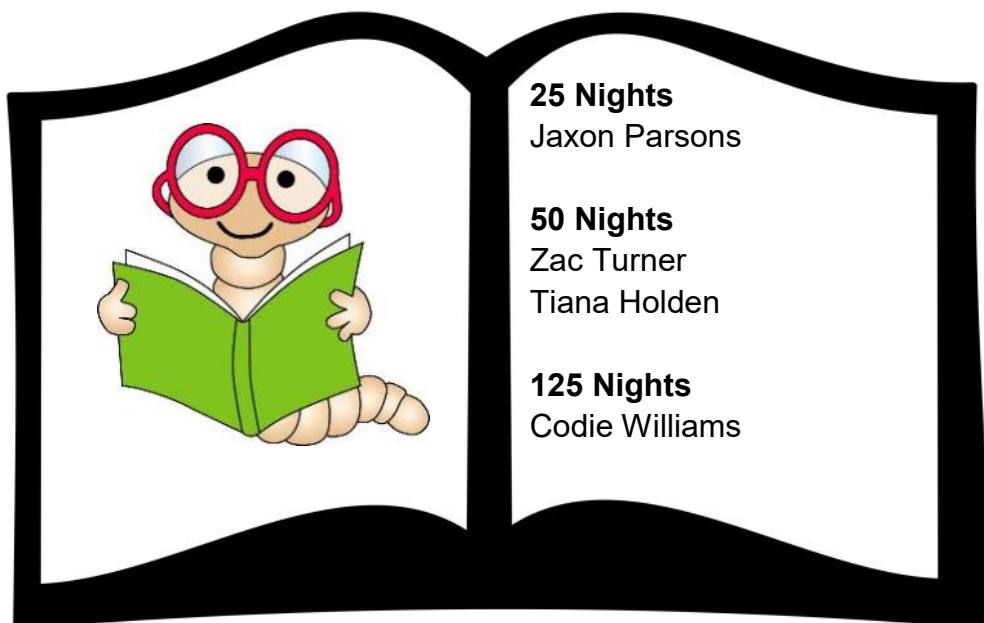
Leisure Sports ***will start on the Friday of the first week back*** after the holidays.
Thank you.

Sports Groups

GEEBUNG	BABADHAL	2316
APPLEBERRY	WANDAAMA	2112
WATTLE	BIDHUDHU	2075
LILLY PILLY	GALANGARA	2053



Home Reading Achievements



PRINCIPAL REPORT

Year 6 Well being conference

Our Year 6 students were enthralled by our Wellbeing Conference guest speaker Turia Pitt. All students and teachers I've spoken too have been impressed with our students behaviour and enthusiasm to participate in all the activities. One of our school plan 2019-2021 strategic direction is wellbeing: emotional, physical and nutritional. This conference allowed our Year 6 students the opportunity to learn new skills and strategies to assist them now and in the future. Our thanks to Miss Marr for being the facilitator of this valuable program.

Talent Quest

On Friday we are going to be entertained by our students who have expressed an interest in participating in our Talent Quest. My thanks to these students and to Miss Marr, Miss Donnelly, Miss Krause and Mr Dowden for organising the event and for making themselves available for practice sessions.

Disco

Thanks to all our families who continue to support our school disco each term. The money raised goes to providing all our students with our fun 'Big Day In' celebrations. Thanks also to the teachers who stay back to supervise the event and to Miss Bielby and Miss Rance for organising the event each term.

My thanks to Mrs Van Huisstede and Mr Browne for talking to our senior students about wearing correct school uniform and when they are legally able to use social media how to use responsibly social media.

If your child has lost jacket or jumper recently, please feel free to come and look through the pile of lost property. We will endeavor to return named items to students and the remainder will either go to St Vincent de Paul or to restock our schools clothing pool.

I've really enjoyed my stint in the 'Big Chair' and would like to thank all our staff and parents for so positively supporting me in the role. Ms Doyle will return on day 1 of term 4 .

Anita Hall Relieving Principal

Words of the week.

Be the reason someone smiles.

Be the reason someone feels loved and believe in the goodness in people.



Get in the know

– research the ‘terms of use’ and age requirements on social media services and explain them to your child.



Keep it private

– show your child how to use privacy settings to control what others can see.



Play nice

– encourage your child to respect others online and to always think before posting.

Should my child be on social media?

Parents can sometimes feel the pressure of peer power to allow their children on social media, even if they don't feel comfortable doing so.

While these services are a fun way to stay connected with others, there can be downsides like cyberbullying, risks to privacy and contact from strangers.

If you allow your child to sign up to a social media service, consider these handy tips.



Report

– show your child how to report inappropriate content, especially cyberbullying.



Beware of bad eggs

– teach your child that not everyone they meet online can be trusted, even if they seem nice or friendly.



Join in

– create an account yourself and find out what your child is likely to encounter.



Talk

– maintain open communication with your child so they feel safe talking to you about any concerns.



Learn more

– keep up to date with popular social media sites at esafety.gov.au/quickguide

Blast Off Rocket Chart Awards

Birdhuulay	Matilda Berthon.
Bilima	Noah Fenech.
Gunarug	Tyler Blanch, Daniel Woodland, Ashton Peirce, Ryeliegh Gleeson, Kobi Reeve, Kohen Maybury.
Dhuril	Tara Harris.
Guraban	Merlie Hampton-Olive, Laci Joo, Lucas McGarrell, Anabell McDonald, Cooper Milham, Tyler Reid, Maddison Shaw, Cade Campbell.
Gungara	Anna Davies, Arora Allison-Carr, Baylan Turner, Blair Kelson, Caleb Tate-south, Charlotte Kovalik, Ebony Ware, Emily Allan, Hunter Parsons, Isaac Pender, Jack Connelly, Kane Silk, Kate Adams, Kurtis Leaver, Mason Gomes, Sienna Stoddart, William Bale, Benji Buckley, Jacinta Scheib, Issaiah Tilbrook.
Gurgadj	Yamen Assaf.
Buru	Laicey Barnhill, Willow Corcoran.
Maaran	Hannah Weston-Sigsworth, Sean Alexander.
Djunga	Deakon Stewart.
Gurimbaga	Jay Filtness, Damian Fisher.



SCHOOL DISCO

WEDNESDAY 26TH SEPTEMBER

K-2 4PM TO 5PM

3-6 5PM TO 6PM

**\$2 ENTRY LOLLIES, DRINKS, CHIPS AND
GLOW PRODUCTS FOR SALE ON THE NIGHT
COME ALONG AND HAVE SOME FUN WITH
YOUR FRIENDS**





Thursday 27th September @ Lunch
cakes from 50c to \$2

Year 6 Wellbeing Conference



Year 6 Wellbeing Conference 2018

This week all Year 6 students attended the Sanctuary Point Public School's 2nd annual Wellbeing Conference. The two day event commenced on Monday morning with a very inspirational guest, ultra marathon runner and fire survivor, Turia Pitt. All students thoroughly enjoyed and engaged in Turia's amazing story full of resilience, positive mindset and her dedication to live the best life she can. A huge thank you Turia, for your time and for generously donating books to the school and selected students.

The students then enjoyed team building activities, where they were given the opportunity to extend on establishing trust with one another, problem solving and teamwork skills. Students then participated in personal development workshops and finished the day with a Bounce Back movie.

Day two consisted of a video conference call from Kids Help Line, where the students were allowed to interact with a counsellor which was providing advice for their upcoming transition to high school. The students also enjoyed fitness challenges in pairs, sound healing techniques for mindfulness and a visit from Matt Cooper on behalf of the St George Illawarra Dragons to further discuss the importance of health and wellbeing.

Many of the students reflected upon the day as being fun, engaging and very beneficial to their lives. All students should be commended on their participation during the two day event as it was a huge success!

I would like to thank all our wonderful guest speakers, community sponsors and volunteers who donated their time and resources:

Turia Pitt

Emily Bingham from Empower

Headspace

Matt Cooper St George Illawarra Dragons

KidsHelp Line

Rebecca from Sound Healing

Akwa Surf Shop

Beyond Blue

U by Kotex

Coles Vincentia

Coles Woolworths

Good Price Pharmacy South Nowra

Bendigo Bank

Supre

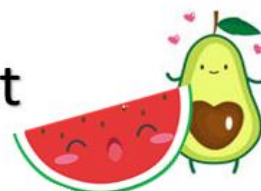
I am looking forward to seeing this event continue at Sanctuary Point Public School every year!

Miss Marr



Sanctuary Point School Canteen List

\$6 Weekly Specials



Monday	Tuesday	Wednesday	Thursday
Lasagne	Grilled Chicken or Beef Burger	Chicken Noodle Stir Fry	Tuna & Veggie Pasta Bake

Sandwiches / Rolls / Toasties

Buttered Roll
Jam, Honey, Vegemite
Cheese
Salad
(tomato, lettuce, Carrot, cucumber)
Chicken, Ham, Tuna or Egg.
- With Lettuce & Mayo
- With Salad

Extras

Roll 50c
Avocado Spread, Mustard, Cheese or Tomato 50c
Tomato or BBQ sauce 20c

Salad Boxes

Junior Salad \$4.00
(lettuce, tomato, Carrot, Cucumber, Beetroot, cheese)
- Add chicken, Ham Tuna or Egg \$1.00
The Works Salad \$6.00
Chicken, Ham or Tuna
(lettuce, Tomato, Carrot, Cucumber, Beetroot, Onion, Egg, Cheese & Salad Dressing)
Chicken Caesar \$6.00

Wraps

Salad \$2.00
(lettuce, tomato, Carrot, Cucumber, Beetroot, Onion, Cheese) \$2.50
Chicken & Mayo \$3.00
Ham or Chicken \$5.00
- With Salad \$4.00
- With Lettuce & Mayo \$4.50
Chicken Tender \$6.00
- With Salad
- With Lettuce & Mayo

From The Oven

Ham & Cheese Melt \$1.80
Hawaiian Melt \$2.00
Cheese Melt \$1.50
Chicken Nugget \$1.00
Mini Meat Pie \$1.00
Sausage Roll \$3.00
Ham & Veggie Slice \$4.50
\$6.00



Snacks

Air Popped Popcorn 50c
Honey Soy Chicken Chips \$1.50
Fruit Muffins \$2.00
Watermelon Slice \$1.00
Seasonal Fruit \$1.00
Fruit Salad Cups \$1.00

Frozen Treats

Icy Bite 60c
Apple Blackcurrant Juice Cup \$1.00
Juice Tubes \$1.00
Frozen Yogurt \$2.00

Drinks

Plain Milk \$1.50
Chocolate or Strawberry Milk \$2.00
Water \$1.00
Poppers \$2.00
(Apple, Orange, Apple Blackcurrant) \$4.50
Warm Milo \$1.00



Nude Food Day: every Thursday

Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?



Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunch box or back-pack



Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Government of South Australia
2015/16 SA



SPRING fun & food fair

Sat 29th
Sept.

All
the fun
starts from
9am
to 1pm

VINCENTIA

Catholic Church grounds
St. George Avenue

Kids
Zone

GAME ACTIVITIES
JUMPING CASTLE



Live music from "The Pirates"

- ☺ Chocolate Wheel
- ☺ Books, DVD's & CD's
- ☺ Big range of plants
- ☺ Craft & Variety
- ☺ Precious pieces
- ☺ Pet Competition & Obedience Exhibition

- ☺ Homemade cakes & slices
- ☺ Sausage Sizzle, BBQ & Hot Dogs
- ☺ Marine Rescue
- ☺ Fire Engine
- ☺ Classic Cars
- ☺ + so much more.....

Please get behind this fundraising event

We are looking for local businesses and individuals to support the event by buying a bale for the cost of \$25, being purchased locally and distributed to local farmers or provide a prize to go into our mega raffle.

If you are able to help out contact Keith or Kerry at Bendigo Bank Sanctuary Point on 4443 9825.

**DROUGHT RELIEF
FAMILY DAY**

Presented by

 **Bendigo Bank**
Sanctuary Point & Districts Community Bank

**SATURDAY 6TH OCTOBER 10AM - 2PM
AT THE COUNTRY CLUB ST GEORGES BASIN
BRING THE FAMILY FOR A
DAY OUT FOR A GREAT CAUSE**

*Jumping Castle ★ Sausages Sizzle ★ Live Entertainment
Raffles ★ and More!*

Attendance Matters

At Sanctuary Point Public School

Celebrate Attendance

Hints and Tips No. 4: Good Attendance

Give your child their BEST chance in life— get them to school EVERY day.



There are a number of sound reasons for you to ensure that your child attends school regularly.

Education is the most powerful weapon which you can use to change the world.

- Nelson Mandela

In one school year
a child spends:
7800 hours at home
&
900 hours at school
which teacher should be
the most accountable?

- Jim Trelease -
author of The Read-Aloud Handbook

Firstly, attending school every day makes learning easier. For younger students, missing the basic skills often leads to learning problems later on and for older student's absenteeism often interferes with academic progress. Friendships with other students are also easier if your child attends school regularly.

The law in NSW states that all children between the ages of 6 and 15 years are required to attend school. Sickness or injury, attendance at a special religious ceremony or a serious family situation are satisfactory reasons for non-attendance. Please let the school know why your child is not at school and provide an explanation on your child's return to school.

Birthdays, haircuts, pension days, Mondays etc are not satisfactory reasons for absence from school. Also try whenever possible to arrange your holidays in school vacation times.

Please contact your school principal if you need any help or have any questions.



Missing school leaves gaps in your education

Professional photo taken
by Rohanna Holland,
Picture Perfect South
Coast.

Pack 1: 1x 6"x8"
5x 6"x4"
= \$20

Pack 2: 2x 6"x8"
10x 6"x4"
= \$25

Please note: each pack is
duplicates of the same photo



Merry Christmas!

SPPS P&E
Christmas photo
Fundraiser

Date: 22nd - 26th October
Time: 3.20pm - 5pm
Location: Welcome Space
building.
Limited spots available





"A complete approach to wellness."

Fitness

Private Personal Training Studio

Nutrition Clinic

Consultations & Workshops

Wholefoods Store

Organic – Bulk - Local

Store & Clinic : Shop 2

Fitness Studio : Shop 22

The Pavilion, Green St, Ulladulla

info@empowerwellbeing.com.au

Ph. 4454 5602

UNIFORM SHOP

The uniform shop will be opening an additional day for the next two weeks if you would like a fresh shirt for school photos.

Monday 9am - 10am

Thursday 1.45pm - 2.45pm

50% off

**Long sleeve polos and
cotton button up shirts**

Go4Fun

1800 780 900
go4fun.com.au



A program for
fitter, happier,
healthier kids



Health
Illawarra Shoalhaven
Local Health District

Join in the fun
next term

What is Go4Fun?

Go4Fun is a free program for 7-13 year olds who are above a healthy weight, and their families.



Play fun games and activities



Make healthier choices for your family



Make new friends

Places are limited. Register now!

Where is it held?

Join us for a fun program next term:

Term 4 2018

**Bay & Basin Community
Resource Centre**

Wednesdays 4-6pm

Starting 17th October 2018

Not at a location near you?

Please call and put your name on the wait list. We will get in touch when the program is being run in your suburb.